### Introduction

### **Hospice Africa Uganda (HAU)**

Is a non-profit organisation which was founded in 1993 to provide appropriate palliative care services to patients with cancer and HIV/AIDS and their families. Following a feasibility study of those African countries requesting hospice services in 1993, Uganda was chosen for the "model" hospice.

International Programmes carries forward the founding mission of Hospice Africa "palliative care for all in need in Africa" and subscribes to the third objective of HAU to facilitate the initiation and expansion of palliative care in Africa by providing an affordable African model.

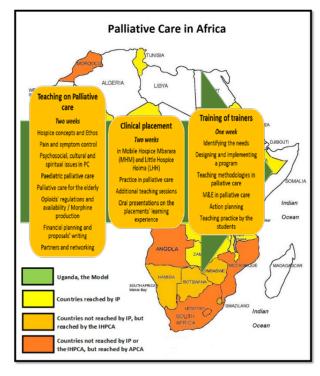
Since 2000, IP has carried out 20 Palliative Care Initiators' Courses, 14 for Anglophone and 6 in Francophone. IP has an English-French bilingual team but also intervenes in countries with other official languages.

The countries visited/supported since 2000 Anglophone 14 Francophone 17.

### Work of IP

# 1) Advocacy

The international programme team carries out advocacy with ministries of health and other stakeholders interested in starting up palliative care services and hold meetings and other discussions on how to go about it. The team in the host countries make plans and IP gives recommendations on the gaps identified and how to manage them.



# 1) Training and education

### The 5 weeks initiators course

Africa's international program also conducts two five-week Initiators course for students from Anglophone and Francophone twice a year.

# Objectives of the initiators course

# By the end of the course participants should be able to:

Appreciate the importance of holistic assessment and management of needs

- of adults and children with lifethreatening illnesses and their families
- Initiate the integration of palliative care services within their own care setting
- Advocate for palliative care at different levels of service delivery in own countries
- Apply a sensitive and respectful approach to patients and their families.

### 2) Support supervision visits to countries

The team from IP have visit other African countries to provide support supervision and mentoring of the trained health professionals to ensure quality standards are being observed both in training and service provision. During such visits activities include: Offer ongoing support to the trained health professionals; review progress of palliative care integration process; support training of health professionals if arranged; provide clinical support through patient assessment & management

## 3) Clinical placements

International programmes organises clinical placement in Uganda for health care professionals with an aim of providing them with an opportunity to experience the model concept of African

Palliative Care, imbibing the ethos, PC integration and implementation as well as the models of delivery that would be adapted to own country.

There is a large clinical component within the course including 2 weeks on "mobile rounds" in the homes.

## **Total number of trained professionals**

To date International Programmes has trained 188 health workers from 14 Anglophone countries and 120 from 17 Francophone countries. On completion of the course participants go back to their countries with an action plan to be completed in a period of 6 months.

## Where in Africa International Programmes works

By June 2017, and since 2000 IP had reached 25 countries in Africa, plus 9 through its close partners, the Institute of Hospice and Palliative Care in Africa (IHPCA) and African Palliative Care Association (APCA)

**Course fees:** Course fee per trainee is **US Dollars 2500** (covers 5 weeks training, residential and local travel excluding air ticket and Bank transfer costs).

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