



# SOME FACTS ABOUT HOSPICE AFRICA UGANDA: DEC 2017

Bringing peace to the suffering in Africa, through providing and facilitating affordable and accessible palliative care in Uganda and other African Countries



## ABOUT HOSPICE AFRICA UGANDA (HAU),

- Hospice Africa Uganda (HAU) was founded in 1993 in Kampala
- HAU expanded to include two additional sites in 1998: Mobile Hospice Mbarara (MHM) in January and Little Hospice Hoima (LHH) in June.
- Palliative care as provided by HAU is a philosophy, not a building; we bring modern methods of pain and symptom control, counselling and spiritual support to patients and families.
- HAU served 2189 patients in the most recent fiscal year, and has seen over 31,364 patients in all.
- We do not have inpatient care, but serve patients at our sites and through several outreach sites and home visits for those unable to travel to our offices.
- The majority of our patients are at home in their communities, where they wish to spend their final days with their families and close to their ancestors. Why African palliative care?

### HOSPICE ETHOS

Care for the Patient and Family

Care for Each Other

Support Partner Organisations

## Why African Palliative Care?

1. Cancer and NCDs are on the increase as African life expectancy increases.
2. Fewer than 5% of cancer patients in Africa today have access to oncology services and/or surgery.
3. 30% of African countries lack even one radiotherapy machine. The one in Uganda is no longer functioning and has yet to be replaced.
4. 57% of all Ugandans never see a health worker and 95% of cancer patients remain in the community, without specialized treatment.
5. In Uganda today, 250,000 are estimated to be in need of palliative care.
6. In Africa 20 countries still have not heard of palliative care; the suffering continues.

*The vision for Hospice Africa is "Palliative care for all in need in Africa"*

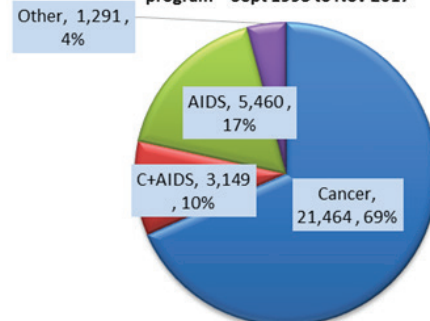
## .Where Do Our Patients Come From?

- Most are referred from their home communities by HAU-trained Community Volunteers
- Some are "self-referred" – they have witnessed the palliative care provided to their friends and neighbors in their communities and/or patients refer others in need
- Other patients are referred by hospitals or the health centres where HAU does outreach



**Roselight, a palliative care nurse, examining a patient at Mulago hostel.**

**Distribution by diagnoses for 31,364 cared for under HAU program - Sept 1993 to Nov 2017**



## Cost and contributions:

- Cost per week is 86,200/- per patient
- The total cost includes transport and a specially trained team.
- Patients are requested to contribute 10,000/- towards the cost
- One third of our patients can manage to pay this small contribution.
- No patient is refused assessment and treatments.
- We assist those who cannot afford (60% of our patients).

## HAU Patient Numbers

By 30 <sup>th</sup> Nov 2017	Patients on Programme				Patients cared for to date
	Children (<15)	Adults (15-65)	Elderly (>65)	Total	
HKLA	35	412	109	556	15035
MHM	62	367	237	666	11392
LHH	34	333	56	423	4937
<b>Total</b>	<b>131</b>	<b>1112</b>	<b>402</b>	<b>1645</b>	<b>31,364</b>

## Patient Care

- Palliative care is now available in 90% of the Districts in Uganda.
- This enables ever more patients to be treated in their home communities.
- However, the need still far outstrips treatment capacity; we have a long way to go!

### HAU Institute of Hospice and Palliative Care in Africa (IHPCA) "Making African palliative care a reality"



5th group of HAU BScs at their graduation ceremony at Makerere University, March 2017.

Teaching of undergraduate medical and nursing students and others commenced in 1994 and now includes several diploma and degree programs

## IHPCA Teaching Programmes

- Over 10,000 health and related professionals have been trained in palliative care since 1993.
- 63 students from 11 countries graduated with Diplomas and Bachelors degrees in 2017.
- Anglophone and Francophone countries receive advocacy and training from IHPCA at their request.
- IHPCA launched 4 new programs in 2017: M.Sc. in Palliative Care, Postgraduate Diploma in Clinical Palliative Care, Pediatric Care and Psychosocial and Spiritual Palliative Care.

## IHPCA Degrees and Training Courses, 1993-2017

1993 up to 30 <sup>th</sup> Nov 2017	Short Courses						Long Courses						Medical Students	Total	
	HPs and Managers	CVWs - Volunteers	Others	PC Initiators	Health Tutors	Rapid Prescribers	Distance Learning			DCPC					
							Graduates		On training		Graduates	On training			Awaiting graduation
							DPC	BSC PC	Yr1	Yr2					
3,461	873	2,066	276	92	80	195	86	16	18	24	160	10	19	3,260	10, 124

## INTERNATIONAL PROGRAMMES IN AFRICA:



Prof. Wilson Acuda (IHPCA) giving a graduation day speech, March 2017





# SOME FACTS ABOUT HOSPICE AFRICA UGANDA: DEC 2017

Bringing peace to the suffering in Africa, through providing and facilitating affordable and accessible palliative care in Uganda and other African Countries



## International Recognition

The HAU Team has received awards for its work in Africa, from the Queen of England (MBE), International Association of Hospice and Palliative Care (IAHPC), African Palliative Care Association (APCA), Kenya Hospices and Palliative Care Association (KEHPCA) African Organisation for Research & Training in Cancer (AORTIC), the President of Ireland and the President of Uganda. Our Founder, Dr. Anne Merriman, has received Honorary degrees from three universities, and was nominated for the Nobel Peace Prize, 2014.

## We are Working With

- Uganda Ministry of Health, which provides free oral morphine for all from a recognised prescriber
- Palliative Care Association of Uganda (PCAU),
- African Palliative Care Association (APCA)
- Mulago Palliative Care Unit (PCU),
- Makerere University and Mbarara University of Science & Technology (MUST)
- Uganda Cancer Institute
- HIV/AIDS prevention and treatment and research organizations including the Joint Clinical Research Centre (JCRC), Mildmay Uganda and others

## SUPPORT IN UGANDA:

**Board of Directors**  
**MOH**  
**3 shops: 2 in UK and 1 in France**  
**Volunteers Site and community**  
**Churches**  
**Rotary and service organisations**  
**Businesses**  
**Individual Donors**

## SUPPORT OUTSIDE UGANDA:

**UK. Ireland. USA, France**  
**US, British, Irish governments**  
  
**All Board members and shop workers are volunteers**  
**Churches**  
**International donors, Rotarians**  
**Businesses**  
**Individuals**  
**Legacies**

## Seeking Financial Support

- It costs £1M per year to care for 2,000 patients per month and to support our education programmes
- We rely on donors for much of this work
- We are presently operating at a deficit, as we treat so many who cannot possibly pay for their care
- We are seeking funds within Uganda and abroad from those committed to our efforts
- You may make a one-time or monthly donation - <http://mydonate.bt.com/charities/hospiceafrica>

## Where We Are: Please Visit And Share With Us

**HAU Kampala, "Nyumba Yemirembe Mu Uganda" - Plot 130 Makindye Rd, Kampala**  
**Mobile Hospice Mbarara - Fort Portal Road, first turn right (see sign), first on right**  
**Little Hospice Hoima - Kijungu Hill Road in Hoima Town**

*"Dying Is Everyone's Business"*

