### **SOME FACTS ABOUT HOSPICE AFRICA UGANDA SEPT 2017**



Bringing peace to the suffering in Africa, through providing and facilitating affordable and accessible palliative care in Uganda and other African Countries



The vision for Hospice

Africa is "Palliative care

for all in need in Africa'

#### ABOUT HOSPICE AFRICA UGANDA (HAU),

- Hospice Africa (HA) was founded in 1992 and registered in UK in 1993.
   Registered Charity No. 1024903
- HAU founded in 1993 and registered in Uganda in 1994 (NGO No. 1064),
- HAU is the model Hospice for HOSPICE AFRICA vision.
- · Hospice care is a philosophy, not a building.
- Majority of our patients are at home in their communities, where they wish to die with their families and close to their ancestors
- We do not have inpatient care.



- Education is the way forward to reach all in need in Uganda and Africa
- HAU incorporates Clinical, Education and International Programs aspects of our work, reflected at the three sites.
- Each section cannot exist without each other.
- All team members are fueled by our Ethos for African palliative care services. All decisions, corporate and individual, are made for the good of our patients, their families and the spread of PC throughout Uganda and Africa.

### Why African palliative care?

- 1. Cancer and NCDs are on the increase as life expectancy increases in Africa today
- $2. \quad Less \ than \ 5\% \ of \ cancer \ patients \ in \ Africa \ today, \ reach \ surgery \ or \ oncology \ services.$
- 3. 30% of countries do not even have a radiotherapy machine. The one in Uganda is recently finished and not yet replaced
- 4. 57% of all Ugandans do not reach a health worker and 95% of cancer patients remain in the community, without specialised treatment.
- 5. 250,000 estimated to be in need of palliative care in Uganda today.
- 6. In Africa 20 countries still have not heard of palliative care. Suffering continues

### THE SERVICE AT HAU:

- Commenced, with the first patient.
  - We bring the modern methods of pain and symptom control, counselling and spiritual support to the patient and families.
- Those who are very ill are cared for at home; those who become stronger and are able, are encouraged to attend
  our clinic or day care, at Hospice.



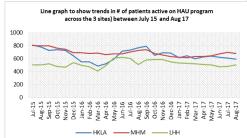


Figure 1: Lisa (palliative care nurse) giving care to the patient during a home visit..

# Referrals to PC services:

Where do our patients come from?

Mainly from communities through Community Volunteers trained at HAU, who identify those in need and refer
to HAU

September 2017

Website: <a href="www.hospiceafrica.or.ug">www.annemerrimanfoundation.org</a> Patron: The Nnabagereka of Buganda Kingdom - Her Royal Highness Sylvia Nagginda

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- Some of our patients are referred from hospitals, outreaches
- Many now come from the communities that have witnessed our care

### Cost and contributions:

- Cost per week is 86,200/-1 per patient
- The total cost includes transport and a specially trained team.
- Patients are requested to contribute 10,000/- towards the cost
- One third of our patients can manage to pay this small contribution.
- No patient is refused assessment and treatments.
- We assist those who cannot afford (60% of our patients).

# Hospice sites in Uganda:

- September 1993, HAU Kampala
- January 1998, Mobile Hospice Mbarara (MHM)
- June 1998, Little Hospice Hoima (LHH)

	Pa	Patients			
By 31 <sup>st</sup> Aug 2017	Children (<15)	Adults (15-65)	Elderly (>65)	Total	cared for to date
HKLA	42	413	137	592	14,830
МНМ	75	381	224	680	11,182
LHH	51	389	61	501	4,847
Total	168	1183	422	1773	30,859

#### Patient care:

- Palliative care is in 80% of District in Uganda.
- They are caring for patient's resident there.
- But there are many more in need.
- We have a long way to

Teaching of undergraduate medical and nursing students and others, commenced in 1994 and continues.



Figure 2: 5<sup>th</sup> group of HAU BSc who were present at graduation ceremony at Makerere University, March 2017, Many are unable to attend from far away countries due to cost of travel.

# We are working with

- MOH: who provide free oral morphine for all prescribed by a recognised prescriber
- PC Association of Uganda (PCAU),
- African PC Association (APCA) and
- Mulago Palliative Care Unit (PCU),
- Makerere University and MUST, Mbarara
- Uganda Cancer Institute
- JCRC, Mildmay and other AIDS organisations

September 2017

<sup>&</sup>lt;sup>1</sup> 2016 cost equivalent to US\$ 34, Euros 26 or £21 per patient per week.

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### II TEACHING PROGRAMMES WITH IHPCA:

Education commenced in 1993.

Now we have trained to degree level, for African countries, through Institute of Palliative Care in Africa (IHPCA) which is an essential part of HAU. Degrees are conferred from Makerere University and IHPCA.

In 1993 only 3 countries had PC. Since then 35 countries know about it and have limited support care and 20 have affordable morphine.

Anglophone and Francophone countries are supported with advocacy and training from IP at HAU and in their own country on request.

	Short Courses					Long Courses											
					S		Distance Learning					DCPC					
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1993 up	s an Inag	٧s	Others	Initiat	Health	pid		BSC				adu	i.	ait du	Medical		
to	HPs Mar	ΛJ	O#	ыс	He	Rapid Prescr	DPC	PC	Yr1	Yr2	Yr3	Gra	On tra	Aw gra	students	Total	
31 <sup>st</sup> Aug	3,461	873	2.066	276	92	80	195	86	16	18	24	160	10	19	3.260	10, 124	П
2017	3,401	6/3	2,000	2/6	92	80	195	80	10	10	24	160	10	19	3,200	10, 124	

#### III INTERNATIONAL PROGRAMMES IN AFRICA:



It costs £1M per year to care for 2,000

patients per month and to support our

Institute education programmes.

We rely on donors for this work.

Presently short of £400,000 per year

Seeking funds in Uganda and outside



Figure 3: Prof. Wilson Acuda (IHPCA) giving a speech on the graduation day in March 2017

SUPPORT IN UGANDA:

**Board of Directors** 

Volunteers Site and community

Churches

Rotary and service organisations

**Businesses** Individual Donors

### SUPPORT OUTSIDE UGANDA

UK. Ireland. USA, France

US, British, Irish governments 3 shops: 2 in UK and 1 in France All Board members and shop workers are volunteers

Churches

International donors, Rotarians

**Businesses** Individuals

HAU team has received several awards for its work in Africa, from the Queen of England (MBE), International Association  $\underline{of\ Hospice\ and\ Palliative\ Care,\ APCA,\ KEHPCA\ AORTIC,\ the\ President\ of\ Ireland\ and\ the\ President\ of\ Uganda.\ The\ Founder}$ received Honorary award degrees from 3 Universities, and was nominated for the Nobel Peace Prize, 2014.

### WHERE WE ARE: PLEASE VISIT AND SHARE WITH US

"Nyumba Yemirembe Mu Uganda" situated on Plot 130 Makindye Rd, Kampala Mobile Hospice Mbarara, on Fort Portal Road, first turn right (see sign), first on right, Little Hospice Hoima on Kijungu Hill Road in Hoima Town.

"DYING IS EVERYONE'S BUSINESS"

new countries on initiators French program this year. Chad is one. Check with Sylvia for the second one please. We can ask Timothe to help make the changes if we do not have the programme here. Let me know

Comment [AM1]: This map needs updating as we added two

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