



HOSPICE AFRICA UGANDA

23rd Annual Report 2015-2016



24
years
of service



28,315
patients
cared for



10,053
trained



Accredited
Institute



Vision

Palliative Care reaching all in need in Africa.



Mission

To bring peace to the suffering of Africa, through providing and facilitating affordable and accessible Palliative Care in Uganda and other African countries.

MESSAGE FROM THE PATRON



Dear Friends,

In 2014, I accepted to become the Patron of Hospice Africa Uganda because of its inspiring work in providing care to critically ill patients especially those with cancer and HIV/AIDS. Allow me to take on a very personal tone and express my delight that this decision has proven to be a life-changing experience. Interacting with HAU's staff, volunteers, patients and their caregivers has allowed me the opportunity to be actively involved in palliative care with the more vulnerable portion of our population.

During home visits with the HAU Clinical Team, I have witnessed first hand the significant impact the Hospice Team makes in end-of-life patients through a holistic approach to pain management, symptom control and the psychosocial support offered to both the patients and families.

It is immensely inspiring to see that even in the face of severe financial constraints, HAU has still been able to care for over 4,000 patients – a major achievement which should not be glossed over. It is also encouraging that great strides have been made in training professionals in Africa at the Institute of Hospice and Palliative Care so that they are ably equipped to meet and address the immense need for Palliative Care in Uganda and Africa. On the knowledge-sharing angle, the fact that this unique care model is being shared with other countries that also have millions in need speaks to the success of the programme as well as to its sustainability on a wider scale.

In Uganda today, we are witnessing a rise in cancer cases; there is hardly an individual or family that has not been affected in one way or another by this devastating disease - physically, emotionally, financially or by the sorrow that comes with losing a loved one.

In light of this, it is vital that the pioneering work of Dr. Anne Merriman, the Founder of Hospice Africa Uganda, be encouraged and supported, particularly because Palliative Care should be integrated into health services across all levels of care. With over 250,000 people in Uganda in need of palliative care, there should be deliberate efforts to reach them. Government agencies, business entities and different stakeholders in the health sector need to give more attention, financial and moral support to providing care to people with terminal illnesses.

As you read through this Annual Report, my hope is that once you have reflected on the significant and numerous achievements at HAU, you will be driven to making a commitment to support this much-needed initiative in one way or another. And in so doing, you will be making a tangible and positive difference in the lives of the many people who are less fortunate and also ensuring that there is continuity and expansion of these services to reach all those in need in not only Uganda but other African countries.

I would like to thank the Board of Directors, staff, volunteers, partners and donors of Hospice Africa Uganda for the invaluable contributions they continue to make towards the noble cause of African Palliative Care.

May God bless you.

A handwritten signature in black ink, appearing to read 'Sylvia'.

HRH Sylvia Nagginda
Nnabagereka of Buganda Kingdom and
Patron of Hospice Africa Uganda

MESSAGE FROM THE CHIEF EXECUTIVE DIRECTOR



Dear Friends and Supporters,

Greetings from Hospice Africa Uganda!

Thank you for all your support through the year, during which there has been a transition from a tripartite organisational team leadership to a Chief Executive Director for purposes of strengthening both internal and external relations with all stakeholders.

HAU has continued to provide an impeccable Palliative Care service to over 2,000 new patients who enrolled on our programmes, and this financial year a total of 4,152 patients with life-limiting illnesses were cared for across the 3 sites of Kampala, Hoima and Mbarara.

We are privileged to remain Uganda's largest provider of palliative care in patients' own homes using an affordable model which can be adapted to other African countries. Those we have trained are providing Palliative Care in over 90 of the 112 districts in Uganda, serving in different partner organisations, with the support of the Palliative Care Association of Uganda.

HAU remains committed to ensuring relief from severe pain, which is a human right. This is an achievable goal for all in need in Uganda through the introduction of oral liquid morphine since 1993.

Oral liquid morphine remains the cornerstone medication, enabling total and holistic Palliative Care in Africa.

The Institute of Hospice and Palliative Care in Africa (IHPCA) is progressing. Kindly read their report whose highlight is the graduation of 63 additional health professionals during this period with Diplomas and Degrees in Palliative Care. This has markedly boosted the number of specialists in this field in Uganda and throughout Africa.

The Directorate of International Programmes continues to support our vision "Palliative Care for all in need in Africa" and increasingly in Francophone countries. This is mapped out in their short report.

I thank the Board, the HAU team of staff and volunteers, and all our donors, partners and friends for the great support towards our work, and we look forward to continue working with you all.

I welcome you to read this summarized, easy to read edition of our Annual report 2015/2016!



Dr. Eddie Mwebesa
Chief Executive Director,
Hospice Africa Uganda.

MESSAGE FROM THE BOARD CHAIRPERSON



Dear Friends and Supporters,

2016 was a challenging year for Hospice Africa Uganda. The period following the ending of USAID funding has been difficult, and we have been trying to identify new donors to ensure our mission continues.

Despite the challenges, our committed team and volunteers worked harder than ever to ensure a peaceful, pain-free, end-of-life for thousands of seriously ill and dying people. I am truly grateful to each and every one of them.

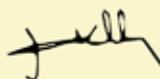
In the last half of 2016 we have restructured and we have a leaner team working tirelessly for the organisation and our patients.

One of our goals for 2017 is to enable more student applicants to afford higher degrees, by reducing the fees at IHPCA so more doctors and nurses throughout Africa will learn and practice Palliative Care.

I would like to thank our donors who have stood by us through this difficult time, including Hospice Africa UK, Hospice Africa Ireland, Hospice Africa France, Hospice Africa USA and many others. And I am appealing for your support in moving hospice forward and putting us in a better position for our patients.

I would also like to thank the HAU team and the Board for their commitment and hard work during the year.

Finally I had my own tough personal journey, having been diagnosed with breast cancer in May. I was lucky that I was in a position to get the treatment I needed, unlike so many women in Uganda. I was constantly reminded during my treatment how much love and care and comfort HAU is giving to our patients, and why it is more important than ever to ensure that HAU and its work is supported and continues.



Joan Kelly,
Board Chair,
Hospice Africa Uganda.

CLINICAL CARE

Objective: To provide an appropriate Palliative Care service to patients with cancer and/or HIV/AIDS and their families within defined operational areas.



28,315

Patients cared for since 1993



4,152

Patients cared for this year



2,025

Patients currently enrolled on the Palliative Care programme



60%
of patients are female



10%
of patients are children

Referrals and continuity of care



3,169
Made to HOSPICE across all the 3 sites

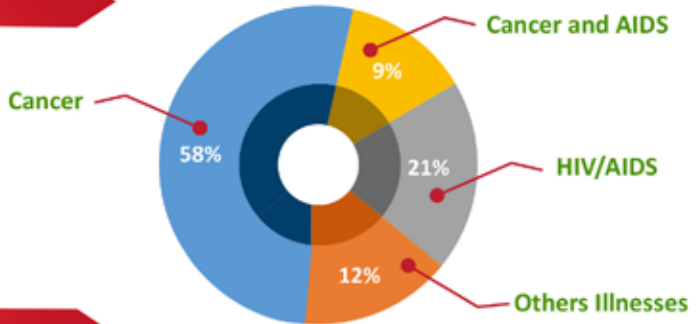


76%
Referred from HEALTH UNITS

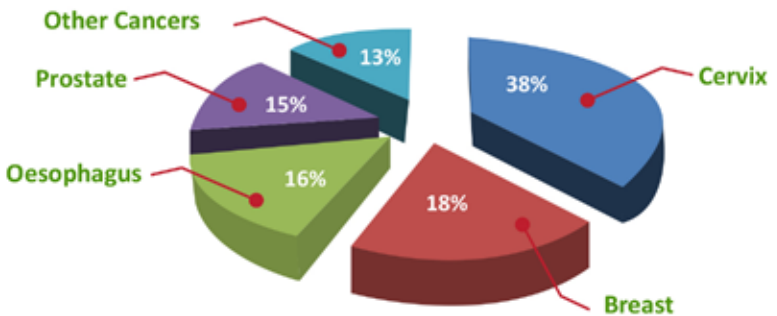


1,144
Patients jointly managed with other organisations

Patients Diagnoses:



Commonest cancers:



Children's programme:

410 supported
78 supported with school fees under the Give a Chance (GAC) programme



Strengthening palliative care in community:

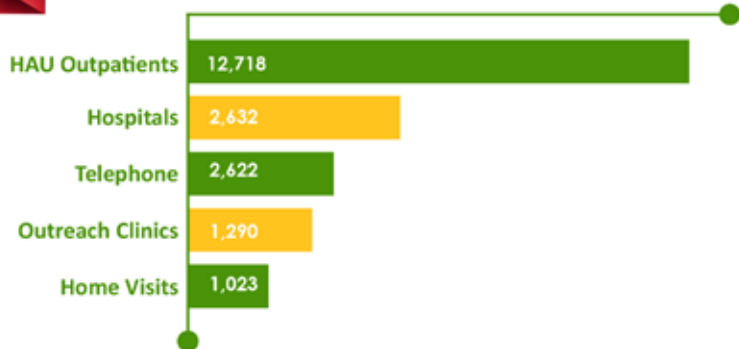
110 Community Volunteer Workers
323 patients referred by CVWs
1,279 patients jointly managed with CVW's



Psycho-social support:

2,206 supported with the Comfort Fund
335 attended day care
Counselling and spiritual support were critical

Contact with Patients: 20,985



Morphine for severe pain relief



\$2 for a week's supply of morphine



HAU makes Oral liquid morphine through PPP with Ministry of Health



Morphine is free to all patients when prescribed by a registered practitioner



Morphine shelf life being extended from 6 to 12 months

"I AM PAIN FREE!" - Here is my story.



"I had a lot of pain because of cancer. I could not sleep at night, and I was so worried and stressed. I even developed high blood pressure". This was the life of Peter Karyarugoki, a 78 year old man from Mbarara district in Western Uganda when he first came to Mobile Hospice Mbarara nearly 10 years ago.

Peter's misery started in 2005 when he lost his closest brother. "He was a good friend of mine and when he died, I felt so alone and sad." Peter became so stressed and miserable. He developed high blood pressure and suffered a stroke which worsened his condition. He was consequently admitted at Mbarara Regional Referral Hospital for several weeks.

While at the Hospital, Peter started to experience other complications like abdominal and back pains, problems urinating and incontinence.

Several tests were carried out including a biopsy. The results revealed that he had developed prostate cancer and that it was advanced in stage. Pain was a major feature of Peter's illness and his other symptoms required to be controlled especially when he was discharged from hospital. Peter was therefore referred to Mobile Hospice Mbarara for pain management and symptom control.

"At Hospice, they gave me medicine for pain (oral morphine), counselled me and made me to accept the problem the way it is."

"Through the efforts of Hospice, I became better. The pain is well controlled now, and the quality of my life has markedly improved. Hospice also supports me to treat other ailments. When I get other problems like when I am so worried, I come to Hospice for counselling and go back happier!" narrated Peter, who has received Palliative Care at Mobile Hospice Mbarara for the last 10 years.

We are so grateful that with your support, we are able to provide care to Peter and many other patients with life threatening illnesses in Uganda.

SITE	Children under 15 yrs at end of FY	Patients cared for 2015-16	Total cared for in KLA since 1993 and sites since 1998
Hospice Kampala	54	1,493	13,883
Mobile Hospice Mbarara.	65	1,581	10,117
Little Hospice Hoima	46	1,078	4,315
Total	165	4,152	28,315



MOBILE HOSPICE MBARARA

. Original 2 bedroomed house too small to accommodate out-patients.

. Beehive project is planned on the land donated by Mbarara Archdiocese on Kabale Road.

. Building requires funding

INSTITUTE OF HOSPICE AND PALLIATIVE CARE IN AFRICA

"Making African palliative care a reality..."



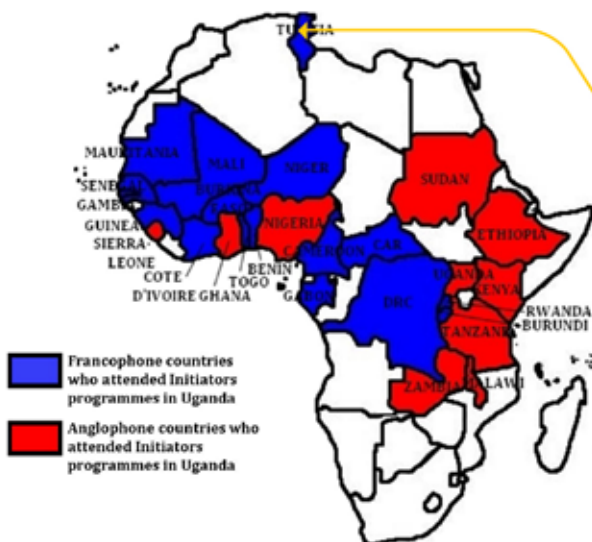
- 3 courses were offered including Bachelor of Science in Palliative Care (BPC), Diploma in Palliative Care (DPC) and Diploma in Clinical Palliative Care (DCPC).
- 10,053 health and non-health professionals have been trained in various courses since inception.
- 160 have graduated with professional qualifications since inception.
- 63 students graduated with Diplomas and Bachelor's degrees in Palliative Care this year.
- 11 is the number of countries across Sub-Saharan Africa where the students came from.

- 4 new courses planned to be launched in 2017 including Master of Science in Palliative Care, Postgraduate Diplomas in Clinical Palliative Care, Pediatric Palliative care and Psychosocial and Spiritual Palliative care.
- We are targeting an increase of 30% for students on the Diploma and Degree Programmes in 2017.

INTERNATIONAL PROGRAMMES

"Extending the Founding Vision"

COUNTRIES THAT ATTENDED TRAINING FOR INITIATORS 2015-16

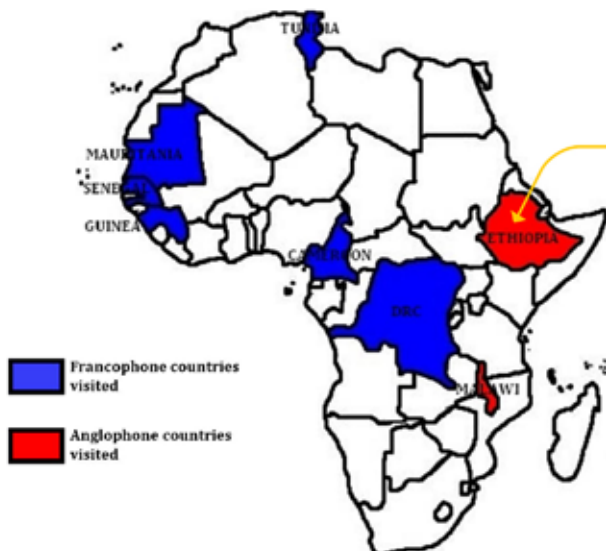


Hospice Africa Uganda, 2016



Sylvia Dive, our Francophone nurse trainer, presenting at Francophone conference in Tunisia

COUNTRIES VISITED 2015-16: ADVOCACY TO GOVERNMENTS, MEETING UNIVERSITIES AND INSTITUTES, TRAINING AND SUPPORT FOR SERVICES



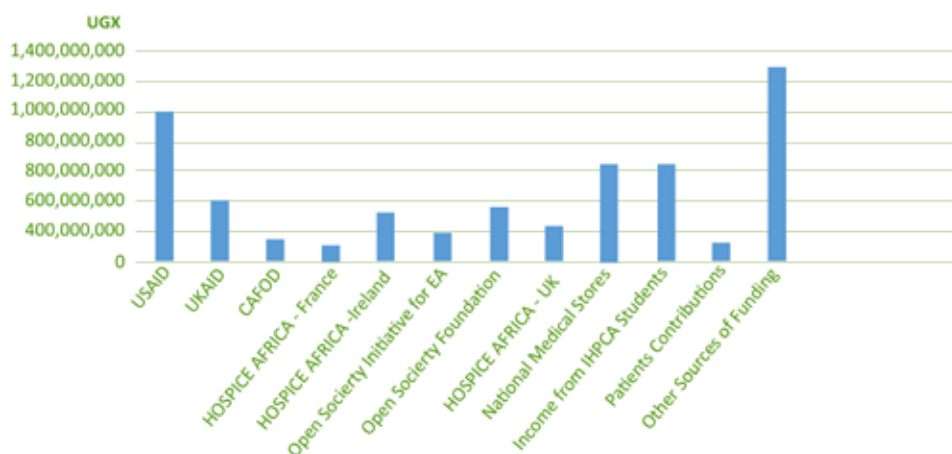
Hospice Africa Uganda, 2016



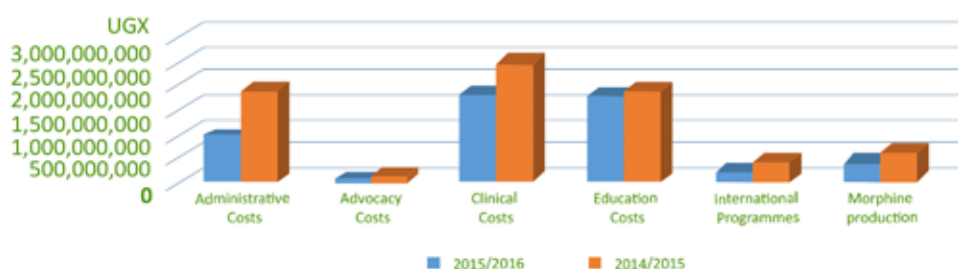
The IP team shares care for a dying patient with the Hospice Ethiopia team in Addis Ababa.

FINANCIAL REPORT

Sources of funds 2015-16:



Expenditure by department:



EXTRACT FROM FINANCIAL STATEMENTS FOR FY 2015/16

STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2016 (all amounts in UGX)

	July 2015-June 2016 (12 Months) *	Apr 2014- June 2015 (15 Months)
Total Income	5,495,248,805	7,068,140,095
Total Expenditure	5,232,652,206	7,625,424,133
Surplus/ (deficit) before exchange difference	262,596,599	(557,284,038)
Exchange differences		(4,184,282)
Surplus/(deficit) for the year	262,596,599	(561,468,320)

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2016 (all amounts in UGX)

	July 2015-June 2016 (12 Months)	Apr 2014- June 2015 (15 Months)
Non-current assets	4,972,377,655	5,178,888,285
Total current assets	2,925,371,732	2,483,713,091
Total assets	7,897,749,387	7,662,601,376
Funds and Liabilities		
Total funds	7,513,198,591	7,334,280,279
Liabilities	384,550,796	328,321,097
Total funds & Liabilities	7,897,749,387	7,662,601,376

Note: *Change of HAU financial year to fit in with Ugandan financial year.

A copy of the complete FY 2015/16 Audit Report can be accessed upon request from HAU.

VOLUNTEERS AND INTERNS

HAU values the contribution of local and international volunteers and interns and during this period we were blessed to have:



Collaboration with Universities of York, Leeds, Arkansas, Illinois, Paris Descartes, University College Dublin, University College Cork, Makerere University, Mbarara University, Uganda Christian University, etc



Appreciation

HAU is very grateful to all its funders, big and small whose generous contributions have enabled us achieve so much in 2015/2016 financial year .

Your generous giving will directly change the stories of thousands suffering life limiting illnesses and contribute towards training of hundreds of health professionals specialised to offer the service.

Get Involved

HAU relies on donors and well wishers to support its mission. HAU is paying greater attention to remaining a model of sustainable service provision in Africa.

Below are different costs of providing services at HAU that you can support with:

ITEM	UGX	USD	EUROS	UK POUNDS
Cost per patient per week	86,200	24	22	19
One student's school fees per term under Give a Chance project for primary schools.	300,000	83	76	66
One student's school fees per term under Give a Chance project for secondary schools.	450,000	125	115	99
One year's tuition for a Diploma and Degree in Palliative Care at IHPCA.	10,085,000	2,800	2,500	2,221
One month's salary for a Palliative Care Nurse.	1,241,000	345	317	273

Every donation, big or small will go a long way in helping to improve the lives of patients. Please let us know using the addresses below if you would like to make a donation towards our work.

"If you want to go fast, go alone: if you want to go far, go together" African proverb



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Website: www.hospiceafrica.or.ug



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