

# Palliative Care

## A human right to all in need



Presentation prepared for British High Commissioner,  
25<sup>th</sup> March 2015 by Professor Dr Anne Merriman  
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# HOSPICE AFRICA (HA) HOSPICE AFRICA UGANDA (HAU)

- HAU is the Model for HOSPICE AFRICA
  - Founded in Liverpool, UK in 1992
  - Vision of Hospice Africa:  
“**Palliative care for all in need  
in Africa**”
- HAU commenced in September 1993 with enough funds for 3 months for 3 team members but a lot of FAITH...
- **And the formula for affordable morphine for use at home**



# Palliative Care in Uganda Today

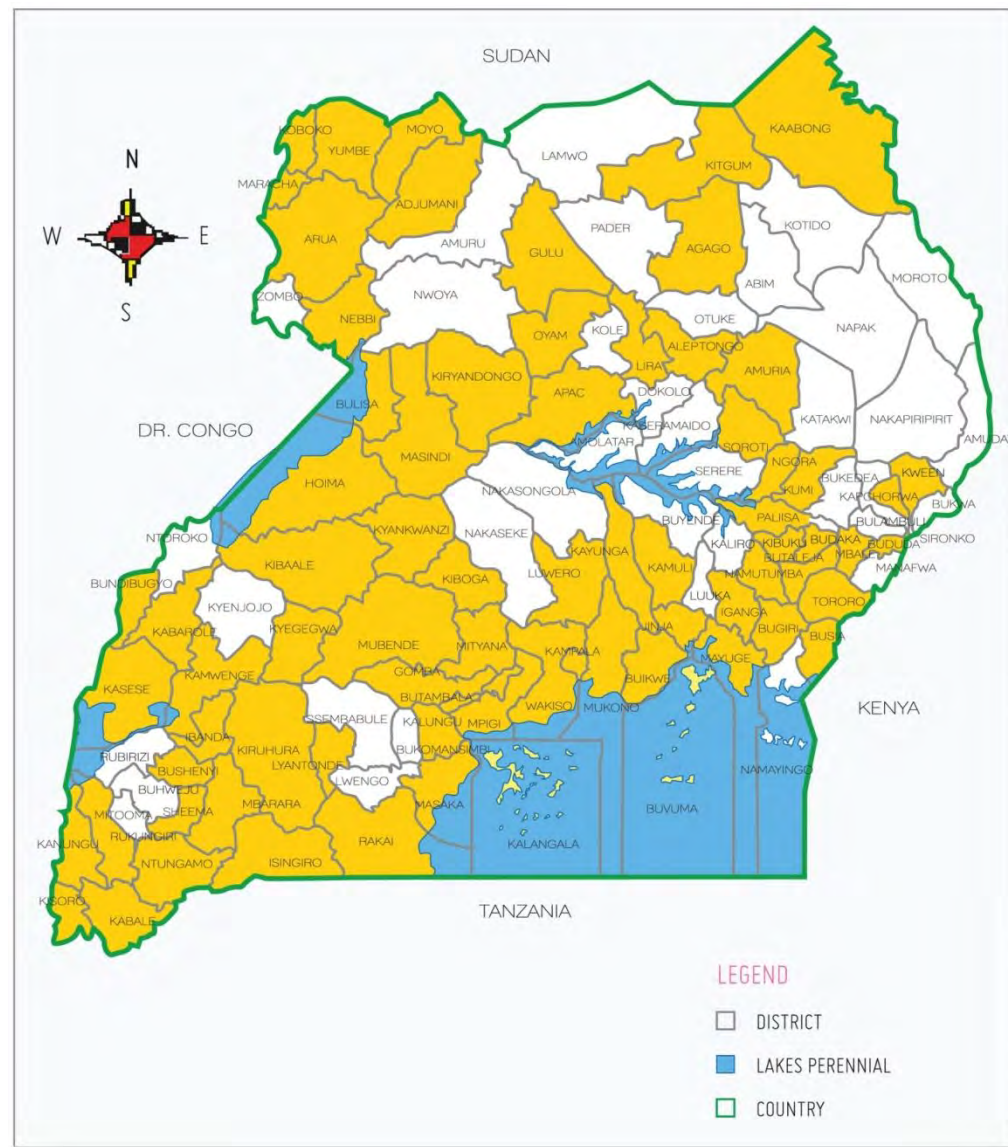
**PC coverage in Uganda April 2015:**

90 out of 112 districts

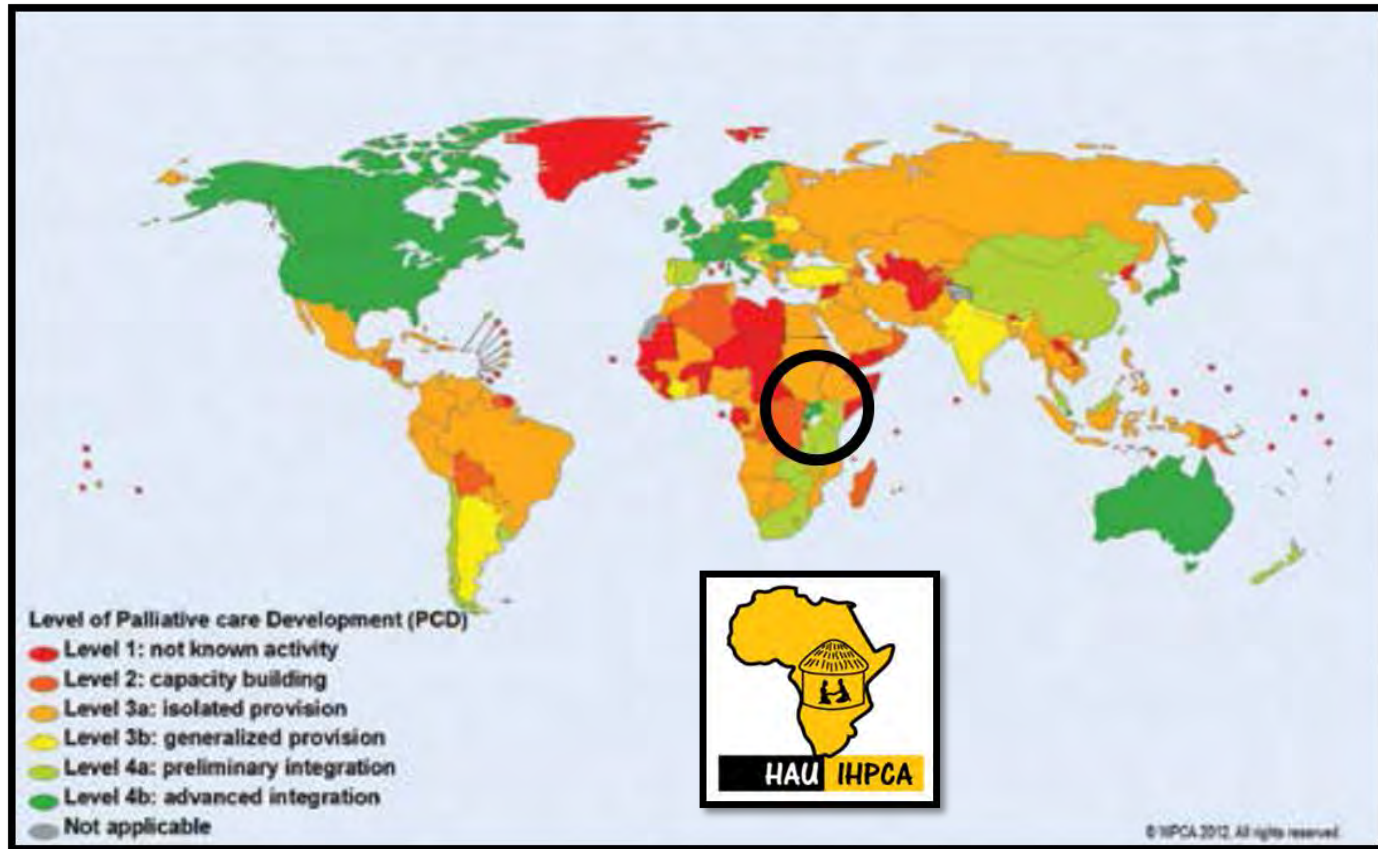
HAU has managed 25,812 patients

HAU has taught 9,579 Uganda and African health professionals

Is caring for 2,100 patients and Families today



# UGANDA IN THE WORLD TODAY



**“Levels of palliative care development – all countries”**

*Global Atlas of Palliative Care at the End of Life*

WHO & WPCA, January 2014

## AFRICA TODAY: Needs for Palliative care and Pain Control

- More than 50% do not access any form of health care
- Less than 5% of cancer patients reach curative therapy and less than 1% can be cured as they present too late
- Almost 2M are suffering
- Suffering is found with NCDs and infectious diseases at end of life and during critical illness

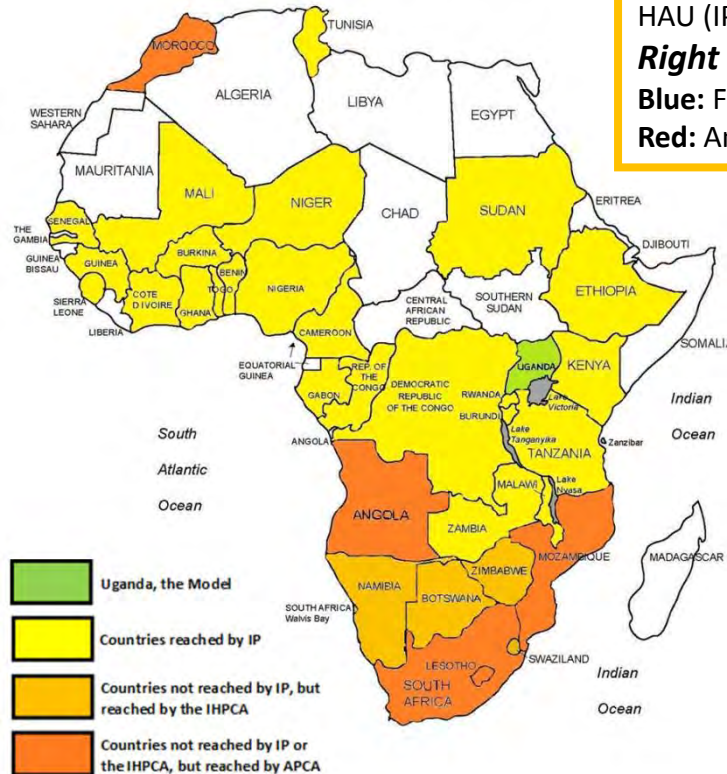
### **Consequences**

Patients are lying in pain in rural and urban areas without pain, symptom control and with fungating smelly tumours not attended too



# Countries Reached vs Those with Morphine HAU AND APCA

## Palliative Care in Africa



**Left**

**Yellow and orange:** Reached by HAU (IP and IHPCA) and APCA

**Right**

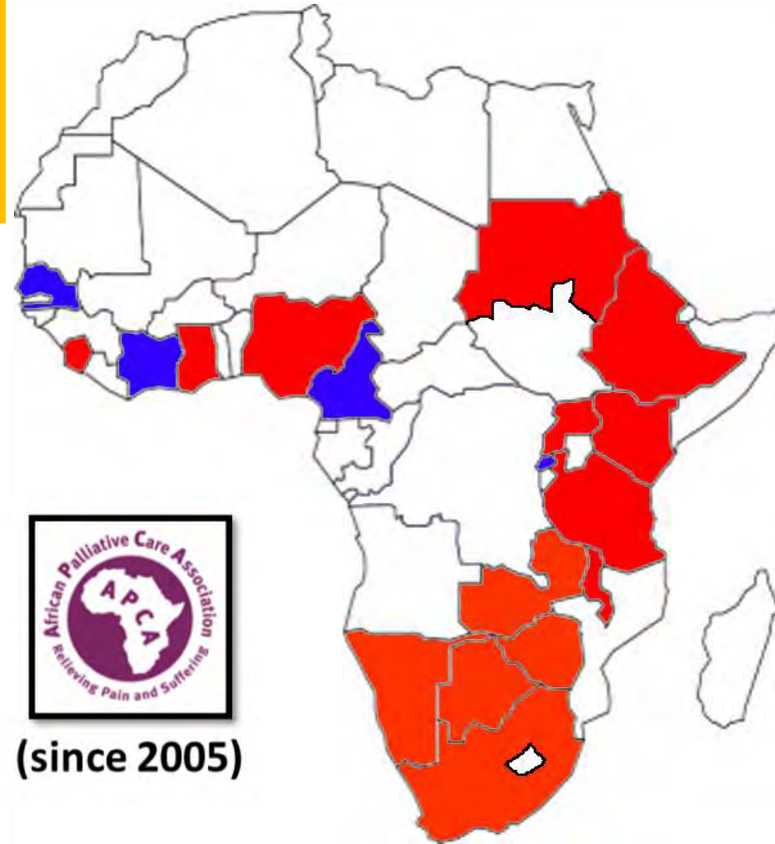
**Blue:** Francophone countries  
**Red:** Anglophone countries



(since 1993)



(since 2005)





# HAU Services Bringing COMPASSION

## Services at the three sites:

- Home Care
- Hospital consultations and care
- Outpatient care
- Children's Programmes (DFID in MHM)
- HIV/ AIDS Coordination
- Soldiers, police and prisoner care
- Outreach and Road side clinics
- Bereavement service
- Clinical care





# Day Care Activities



# Road Side Clinics



16. 1. 2001

# Mobile rounds in the Home from Little Hospice Hoima, one day in March 2015

- The following slides show three patients who are being managed but many more are lying in their homes in Uganda, and not being reached.
- They are three of five patients seen by Nurse Jane that day.
- Hoima has low population density, and distances between patients are long.





**Nurse Jane  
cleaning and  
comforting**

**Son is a pastor  
and blesses  
his Dad**







Blessing has skin cancer. Her Mum has gone to market and locked her in the house. She starts to cry when she hears the car and Nurse Jane's voice.

A neighbour goes and finds the Mum

Jane has brought a bottle of coke as well as the bottle of morphine.

Blessing is happy now, the centre of Jane's compassion and love





Aisha still has pain in spite of the oral morphine. She has a very painful tumour of the nose and throat. Jane questions her and finds she is not taking it at the regular times, now she instructs her again and introduces “break through” doses in case the pain persists.



The Community Volunteer Workers are our eyes and ears: and refer the suffering to the appropriate services



If donor funding allows, following one-week training and 3 months dedicated service, they are given bicycles and a small monthly allowance for maintenance



Palliative care and Pain Control in AFRICA: for 17 years made simply using recycled water bottles at a cost of a loaf of bread for 10 days treatment



Morphine Production

# Morphine Production Recommended Strengths And Colours

## Strength/5ml

“Green 5mgs” contains 500mgs morphine

“Red 50mgs” contains 5,000mgs morphine

“Blue 100mgs” contains 10,000mgs morphine



# HAU Public Private Partnership with MoH:

Now manufactured for all Uganda at Hospice in Makindye  
Cost is price of two loaves of bread





# Palliative care expansion through Trainings - IHPCA

- Clinical services commenced with education and training in 1993
- Licensed by NCHE 2014 as a degree awarding Institution
- Long, short and medium courses have trained 9,579 to date



# PALLIATIVE CARE EXPANSION THROUGH TRAININGS: IHPCA



**By 31<sup>st</sup> March 2015 HAU had trained over 9579 Health and none  
Health professionals**

**Short courses = 6547**

**Long course**

**Distance learning = 285**

**DCPC = 160**

**Medical students = 3068**

Licensed by NCHE 2014 as a degree awarding Institution

# CLINICAL SERVICES: PATIENTS CARED FOR SINCE 1993



By 31 <sup>st</sup> Mar 2015	Patients on Programme			Patients cared for to date
	Adults (=>15)	Childre n (<15)	Total	
<b>HKLA</b>	728	65	<b>793</b>	<b>13,003</b>
<b>MHM</b>	710	62	<b>772</b>	<b>9,054</b>
<b>LHH</b>	494	41	<b>535</b>	<b>3,755</b>
<b>Total</b>	<b>1,932</b>	<b>168</b>	<b>2,100</b>	<b>25,812</b>

- Total cost for care is 86,200/= (£21) per patient per week
- Patients who can afford make a small contribution of 10,000/- towards their care
- Total patients being cared for in Uganda between the three sites, at the end of March 2015: 2,100

# Expected gap after close out with USAID all sites combined

Category	Year 1	Year 2	Year 3	Year 4	Year 5	Total 5ys	Total \$	Total £	Total €
Home & Hospital visits and Out patient care.	87,996,317	96,795,949	106,475,544	117,123,098	128,835,408	<b>537,226,315</b>	<b>178,838</b>	<b>118,120</b>	<b>164,261</b>
Patients support (Investigation, Nutrition, transport)	110,622,335	121,684,569	133,853,025	147,238,328	161,962,161	<b>675,360,418</b>	<b>224,821</b>	<b>148,492</b>	<b>206,497</b>
Drugs & Medical sundries	78,476,228	86,323,851	94,956,236	104,451,859	114,897,045	<b>479,105,220</b>	<b>159,490</b>	<b>105,341</b>	<b>146,490</b>
CVW expenses	97450000	70,895,000	77,984,500	85,782,950	94,361,245	<b>426,473,695</b>	<b>141,969</b>	<b>93,769</b>	<b>130,398</b>
Community outreach & Spiritual support services	85,989,599	94,588,559	104,047,415	114,452,156	125,897,372	<b>524,975,101</b>	<b>174,759</b>	<b>115,427</b>	<b>160,515</b>
Clinical review and planning meetings	4,282,000	4,710,200	5,181,220	5,699,342	6,269,276	<b>26,142,038</b>	<b>8,703</b>	<b>5,748</b>	<b>7,994</b>
Scientific conferences-regional	10,000,000	11,000,000	12,100,000	13,310,000	14,641,000	<b>61,051,000</b>	<b>20,324</b>	<b>13,424</b>	<b>18,667</b>
Staff Development and Rotations	7,490,000	8,239,000	9,062,900	9,969,190	10,966,109	<b>45,727,199</b>	<b>15,223</b>	<b>10,054</b>	<b>13,982</b>
Admin and support services (All sites included)	254,000,500	279,400,550	307,340,605	338,074,666	371,882,132	<b>1,550,698,453</b>	<b>516,212</b>	<b>340,952</b>	<b>474,138</b>
Patient care Salaries	1,191,786,437	1,310,965,081	1,442,061,589	1,586,267,748	1,744,894,522	<b>7,275,975,377</b>	<b>2,422,100</b>	<b>1,599,769</b>	<b>2,224,682</b>

Source Exchange rates: Bank of Uganda, 24th April 2015

# The legacy of John a patient in Mbarara, Uganda



John has squamous cell cancer of skin. When asked by a visitor if he would mind if she took a picture of the lesion, he answered “Do not just take the lesion...”

“...Take my face, for I was alone and in pain, but now I have caring friends from Hospice, my pain is controlled and I can smile again...”





*Africa Needs To Lead The Way With Compassion...*



***And It Starts With Me!***