

## ABOUT HOSPICE AFRICA UGANDA (HAU),

- Hospice Africa (HA) was founded in 1992 and registered in UK in 1993. Registered Charity No. 1024903
- HAU founded in 1993 and registered in Uganda in 1994 (NGO No. 1064),
- HAU is the model Hospice for HOSPICE AFRICA vision.
- Hospice care is a philosophy, not a building.
- Majority of our patients are at home in their communities, where they wish to die with their families and close to their ancestors
- We do not have inpatient care.
- Education is the way forward to reach all in need in Uganda and Africa
- HAU incorporates Clinical, Education and International Programs aspects of our work, reflected at the three sites.
- Each section cannot exist without each other.
- All team members are fueled by our Ethos for African palliative care services. All decisions, corporate and individual, are made for the good of our patients, their families and the spread of PC throughout Uganda and Africa.

*The vision for Hospice Africa is "Palliative care for all in need in Africa"*

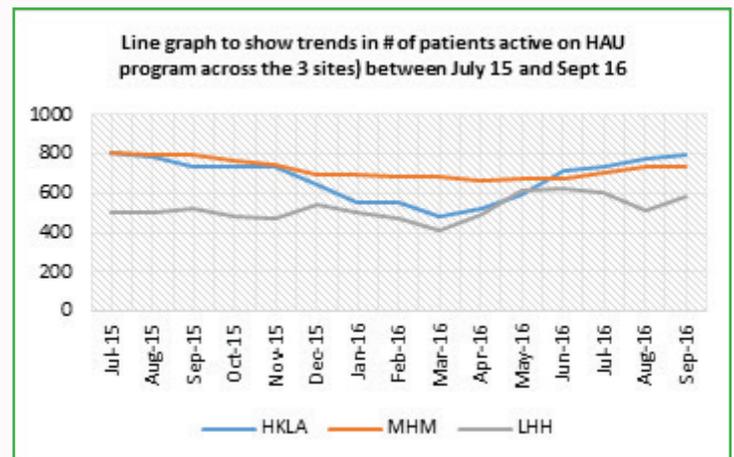


## Why African palliative care?

1. Cancer and NCDs are on the increase as life expectancy increases in Africa today
2. Less than 5% of cancer patients in Africa today, reach surgery or oncology services.
3. 30% of countries do not even have a radiotherapy machine. The one in Uganda is recently finished and not yet replaced
4. 57% of all Ugandans do not reach a health worker and 95% of cancer patients remain in the community.
5. 250,000 estimated to be in need of palliative care in Uganda today.
6. In Africa 20 countries still have not heard of palliative care. Suffering continues

## THE SERVICE AT HAU:

- Commenced, with the first patient.
  - We bring the modern methods of pain and symptom control, counselling and spiritual support to the patient and families.
  - Those who are very ill are cared for at home;
  - Those who become stronger and are able, are encouraged to attend our clinic or day care, at Hospice.
- Referrals to PC services:
- Mainly from communities through Community Volunteers trained at HAU, identify those in need and refer to HAU
  - Some of our patients are referred from hospitals, outreaches and from the communities that have witnessed our care



**Figure 2: Roselight (palliative care nurse) giving care to our patient during a home visit.**

### Cost and contributions:

- Cost per week is 86,200/- per patient
- The total cost includes transport and a specially trained team.
- Patients are requested to contribute 10,000/- towards the cost
- One third of our patients can manage to pay this small contribution.
- No patient is refused assessment and treatments.
- We assist those who cannot afford (60% of our patients).

### Hospice sites in Uganda:

- January 1998, Mobile Hospice Mbarara (MHM)
- June 1998, Little Hospice Hoima (LHH)

### Patient care:

- Palliative care is in 80% of District in Uganda.
- They are caring for patient's resident there.
- But there are many more in need.
- We have a long way to go!

### We are working with

- MOH: who provide free oral morphine for all prescribed by a recognised prescriber
- PC Association of Uganda (PCAU),
- African PC Association (APCA) and
- Mulago Palliative Care Unit (PCU),
- Makerere University and MUST, Mbarara

### II TEACHING PROGRAMMES WITH IHPCA:

Training in Palliative Care to date:

Education commenced in 1993.

Now has training for African countries to degree level through Institute of Palliative Care in Africa (IHPCA) which is an essential part of HAU. Degrees are conferred from Makerere University and IHPCA.

In 1993 only 3 countries had PC. Since then 35 countries know about it and have limited support care and 20 have affordable morphine.

Anglophone and Francophone countries are supported with advocacy and training from IP at HAU and in their own country on request.

By 31 <sup>st</sup> Aug 2016	Patients on Programme				Patients cared for to date
	Children (<15)	Adults (15-65)	Elderly (>65)	Total	
HKLA	68	533	191	792	14112
MHM	97	413	226	736	10,365
LHH	68	450	60	578	4,427
<b>Total</b>	<b>233</b>	<b>1396</b>	<b>477</b>	<b>2106</b>	<b>28,904</b>

*Teaching of undergraduate medical and nursing students and others, commenced in 1994 and continues.*



**Figure 2: Dr Anne leads the cake cutting during the 3rdDCPC graduation at Hospice Africa Uganda in May 2016**

1993 up to 31 <sup>st</sup> Aug 2016	Short Courses						Long Courses						Medical students	Total		
	HPs and Managers	CVWs	Others	PC Initiators	Health Tutors	Rapid Prescribers	Distance Learning			DCPC						
							Graduates		On training		Graduates	On training			Awaiting graduation	
							DPC	BSC PC	Yr1	Yr2						Yr3
	3,446	873	2,066	253	92	80	181	67	16	18	24	160	10	19	3,260	10,053

### III INTERNATIONAL PROGRAMMES IN AFRICA:

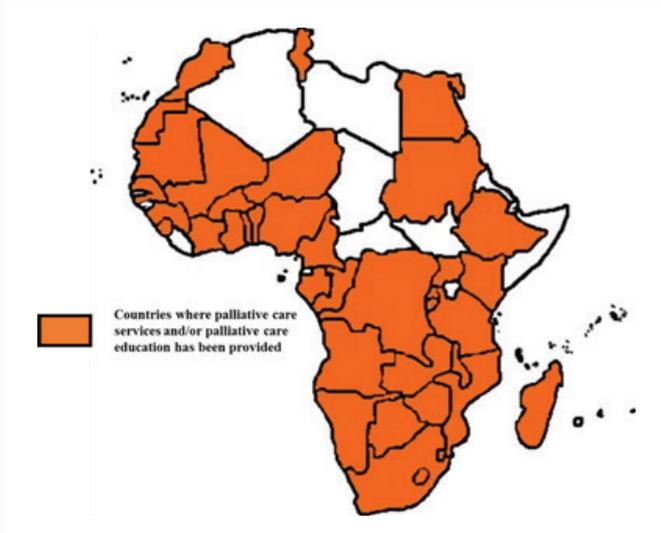


Figure 3: Our Papal Nuncio to Uganda,, Archbishop Blume, presenting certificates to Participants at the closing of the Initiators programme for Francophone countries in May 2016.

### FINANCIAL SUPPORT:

It costs £1M per year to care for 2,000 patients per month and to support our Institute education programmes. We rely on donors for this work.

Presently short of £100,000 up to Sept 2016 and then of £400,000 per year  
Seeking funds in Uganda and outside

*HAU has received several awards for its work in Africa, from APCA, KEHPCAAORTIC, the Queen of England (MBE), the Presidents of Uganda and Ireland. The Founder received Honorary award degrees from 3 Universities, and was nominated for the Nobel Peace Prize, 2014.*

### WHERE WE ARE: PLEASE VISIT AND SHARE WITH US

*“Nyumba Yemirembe Mu Uganda” situated on Plot 130 Makindye Rd, Kampala  
Mobile Hospice Mbarara, on Fort Portal Road, first turn right (see sign), first on right,  
Little Hospice Hoima on Kijungu Hill Road in Hoima Town.*

#### SUPPORT IN UGANDA:

Board of Directors  
MOH  
Volunteers  
Churches  
Businesses

#### SUPPORT OUTSIDE UGANDA:

UK. Ireland. USA, France  
3 shops: 2 in UK and 1 in France  
All Boards and shops are volunteers  
Donor organisations  
Businesses

**“DYING IS EVERYONE’S BUSINESS”**